

JULY - SEPT, 2016 PROGRESS REPORT



**KYAMULIBWA ANTI - AIDS
PROGRAM**

**P. O. Box 1755,
Masaka.**

Tel: +256 782 554 371

+256 783 750 912

+49 1743881815

Email:

info@kapuganda.org

Web:

www.kapuganda.org

ACTIVITIES AND MONITORING & EVALUATION OF EACH PROJECT

Activity.1.Providing health talks & HIV/AIDS counseling at Kyamulibwa Health center III.

Every Monday of the week, KAP staffs go to Kyamulibwa Health Centre III to give health talks and HIV/AIDS counseling services to patients at this health center.

Here we exchange ideas concerning various health issues ranging from good sanitation, personal hygiene, and abstinence from sex for the unmarried, use of condoms, Sexually Transmitted Infections (STIs), early pregnancies, rape, defilement, and balanced diet, among others.

July, 2016

In the month of July, 2016 the topic was all about SANITATION. Here we shared ideas with patients in the OPD (out patient department) on personal hygiene, cleaning of our places, makeup of the toilet, storage of our utensils and clearing of the bushes around our homes. We emphasized the point of cleanliness in whatever we do.

The same topic was taken to the AIDs/HIV patients department.

August, 2016

In the month of August, 2016 the main topic was FOOD SCURITY AND NUTRITION. Here we talked about the three types of foods that are essential for a person to be healthy. They are:

- Energy foods
- Body building foods -Protective and regulative foods

This talk has been given to all Out Patients on every Monday of this month.

Then from here we continued giving counseling services to the patients in the HIV/AIDS clinic.

September, 2016

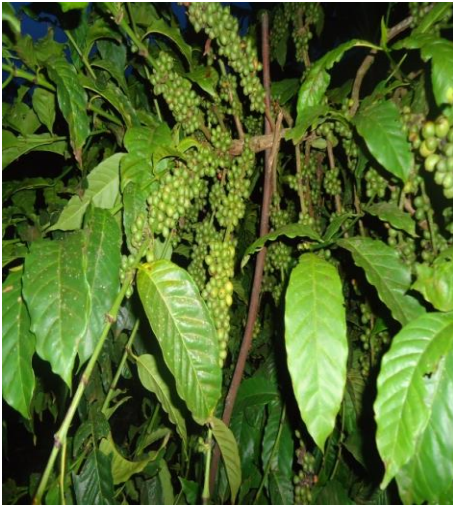
In the month of September, 2016 the topic was all about the transmission of HIV/AIDS and how to prevent it.

II. Restoration of sustainable environment protection and health enhancement using our natural resources Project



Activities in July -September, 2016

1. Weeding of the garden and clearing more land for planting some yams and vegetables.
2. Carrying out practical trainings to the community and KAP members
3. Encouraging and training members to start small gardens.
4. Fighting against animals and birds which destroy our vegetation like monkeys

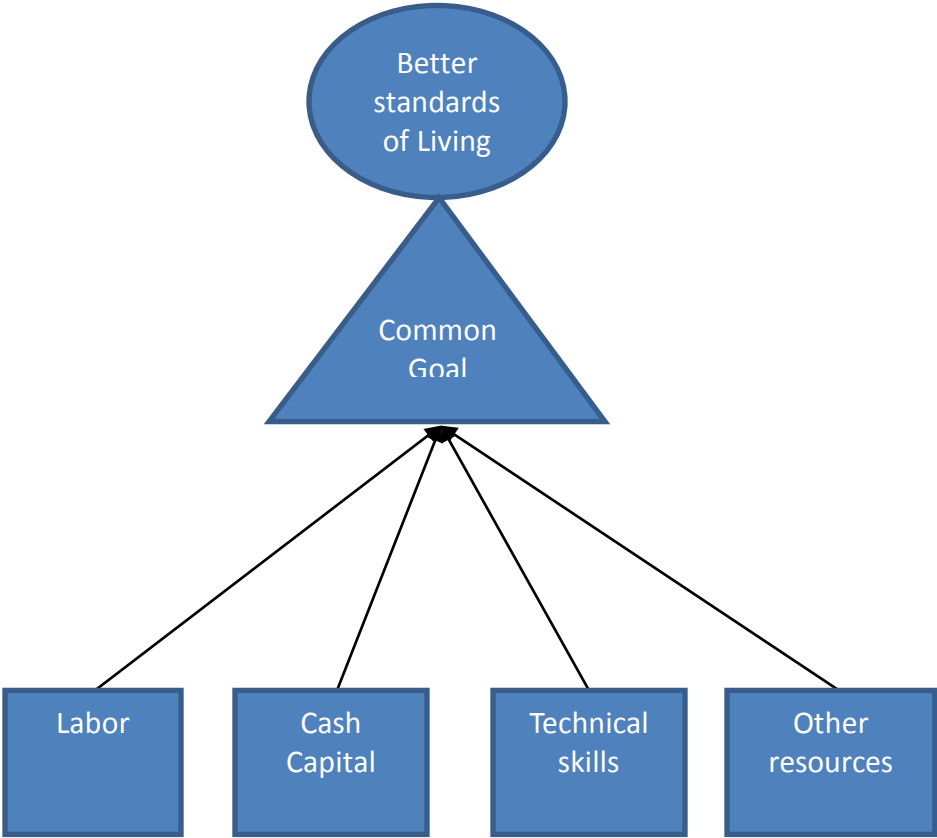


Coffee plants in the garden Matooke plantation in the model farm with coffee + Orange tree



Trap of the wild animals distroying plants Small garden training of the members

Fellowship project. Here people with different resources with a common interest come together and do some agricultural activities .



During this period KAP members have joined their efforts and skills to rescue our fellow member Nabachwa Rose by participating in the reconstruction of a new house for her. This has replaced the old house which was destroyed by the rain storm. Thanks for the combined effort by the sympathizers and the well-wishers. The struggle is still going on, because the construction is yet to be completed.



KAP members actively participating in the rebuilding of Rose's house

Noodles Women group

The group is actively working towards making themselves better. This is the only group in the area that makes homemade noodles. The group is in process of registering with Uganda National Bureau of Standards (UNBS). They received the first report where they had passed almost 80% of the UNBS requirements. They have now taken back the products back to UNBS for further tests. It is upon the new report that they will now obtain the UNBS certificate. The residents that have tested these noodles have appreciatively welcomed the uniqueness of these products in Uganda. Upon UNBS certification, the group will be able to market their product more in shops and grocery stores. Below is a picture of the group members working with their German supporters (Irene and Volker) and Project initiators.



Great thanks to Volker and Irene for the support you give to the development of Kyamulibwa community.

KAP fellowship model farm;

As a way of generating income for KAP, we also engage the members in fellowship activities. Here the members grow some vegetables, bananas, tomatoes, cabbages, green paper, cereals like peas, maize & ground nuts and sweet potatoes. This also acts as a fellowship model farm. As members get involved in this KAP fellowship farm, they are further encouraged and motivated do the same in their communities. Below are the current crops in the KAP fellowship farm;

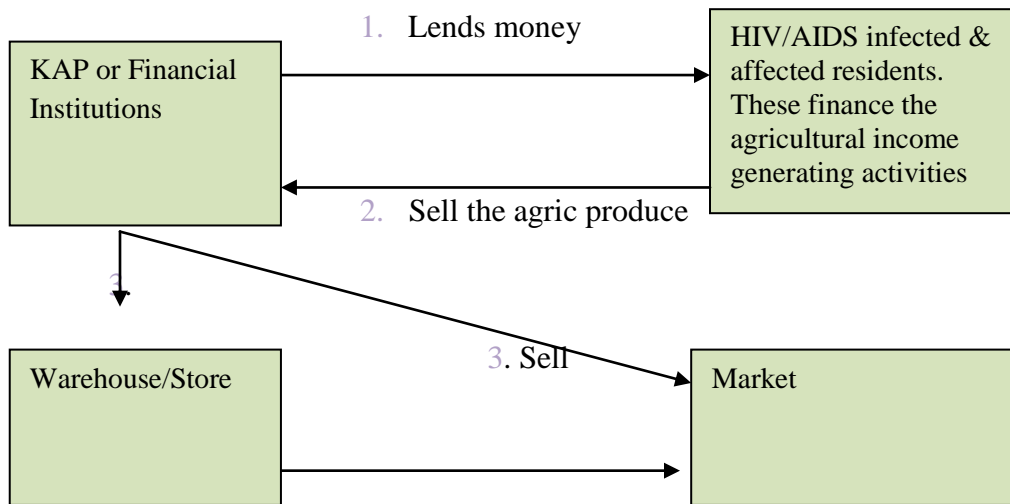


Sweet Potatoes planted by the KAP members under the KAP fellowship model. The harvested potatoes will be sold and the sale proceeds will be used for KAP administration costs.

4. Produce project.

In order for KAP to ensure sustainability achievement (reducing over reliance on the external funders or foreign funds), it buys the produce from its members who originally borrow capital to finance the agricultural income generating activities. KAP then sells these produce. The produce includes but is not limited to: maize, beans and white sorghum.

Business model



The previous season was very short and dry. So we managed to procure 2322 kgs and also resold it a small profit.

Kids' project.

We are happy to inform you that KAP sponsored kids are progressing on very well. They are in their last term of year 2016. They are all in good condition and hoping for promotions to upper classes.



Katrina senior One



John Primary One



(L-R) Leonard primary2, Teddy Primary 4 and Zubeda Primary 4 at St. Benedict P/S .

Projects done MADDO in partnership with KAP (as the project coordinator)

A delegation from MADDO came to Kyamulibwa with a purpose of giving out cows to farmers who may prove to be interested and progressive. Conditions for the eligibility of getting a cow are: 1. Sanitation (Clean: courtyard, house, pit latrine, kitchen, modified stoves, rack etc...). 2. Land with terraces consisting of; trees for shads and environment; and at least ½ an acre of pasture for the cow. 3. Kraal: a strong dwelling structure for the cow to be constructed on a zero grazing system.

TRAINERS FROM MADDO WITH THE LOCAL LEADERS

They had a four point program: Mobilization, sensitization, training of the trainers and allocation of cows by the end of 2016. They were directed to KAP as being the most reliable resource sector, for collaboration in the mobilization exercise. Since MADDO is one of our partners and we have the same objectives, we decided to join them in this program. The mobilization and the training were very successful. The beneficiaries include: peasant farmers and institutions around Kyamulibwa.

Fifteen Households and four intuitions are set to receive the cows after fulfilling all the requirements.



A rack



A tip tap



Small gardens



Terraces



One of the beneficiaries in her small gardens



OVC (Orphan and Vulnerable Children) family participating in the construction



Students participating in the construction &



One of the KAP members and a peasant family amongst the beneficiaries

So far 16 cow shelters have been constructed and 20 clients are expecting to receive a cow in the first phase. Before a cow is allocated to the beneficiary, MADDO Cow project coordinator first makes a thorough survey of his/her homestead to ensure that all the prerequisites are available.



MADDO cow project coordinator verifying the clients' activities and conditions.



MADDO Cow project coordinator informing the clients the importance of a cow in family as one of the best daily income generating activity. He instructed them to be more responsible and vigilant with this project in case they happen to get a cow.

Remunerations:

1. Capacity building to KAP members. At the end of the training, KAP members have perceived a variety of skills for KAP proposed activities. They are trained to train others.
2. KAP members will experience a change in home arrangements and environment. Thus lead them to a social and economic development.
3. Many households and institutions including KAP Administration will be given executive and productive cows as an Income Generating Activity.

VISITORS TO KYAMULIBWA ANTI-AIDS PROGRAM (KAP)

KAP Initiator:

It was on Sunday 7th, August, 2016 that KAP initiator arrived at Kyamulibwa. He had come purposely for an evaluation tour.

Monday 8th Morning, he did his own activities in Kyamulibwa, briefly meet KAP management and visited the project we do together with MADDO.

Monday afternoon, being accompanied by KAP executive members, held a meeting with the Executive secretary of CWM Masaka. He also had an opportunity to interact with Fr. Raphael, the Development Coordinator MADDO.

Tuesday 9th morning: He came with clothes sent from the KAP friend Angela. These clothes were sold among the KAP members and the proceeds were given to the groups to develop themselves. On that very day, he also visited some families of the KAP members and the two groups practicing the co-save system.

Below are pictures of the KAP initiator (Charly), KAP management and some of KAP members in the field.



Visitors from CWM (Catholic Workers Movement)

KAP was visited by the CWM management from Masaka Diocese, Kyamulibwa Parish, Kampala and from KAB in Stuttgart German.



KAP and CWM management

KAP youth group with National CWM Youth Coordinator.

A Technical Officer from Mildmay

On the 28th, September, 2016 Mr. Ssempiira George, the Regional Manager of Mildmay, visited KAP office. The purpose of his visit was: Mentorship/Coaching and Works Supervision. He promised that Mildmay will consider KAP in the financial year 2016-2017 for the Orphans and Vulnerable Children (OVC) intervention activities.



Mildmay Regional Manager signing in the visitors' book after his dialogue with KAP Community Director.

Volker and Irene's Visit



Volker and Irene together with the technician from MADDO and KAP administrators establishing a site for the irrigation system. The project proposal is already in place.

OTHER ACTIVITIES

Planning irrigation systems to make our model farms better

In the recent years there has been very big changes in the rainfall patterns in Uganda whereby all farmers who depend on the rain-fed production make a lot of losses due to prolonged droughts. This changed weather/rain season pattern has greatly affected farmer families that cannot practice any form of irrigation

It is with this background that Kyamuliibwa Anti AIDS program wants to establish an irrigation system at its demonstration farm in order to facilitate all year round crop production. Once established it is also planned that the irrigation system will provide exposure and awareness to other farmers towards appreciating the need of also establishing irrigation on their own farms.

Together we can do more

END